

WEEKLY PROGRAM

MONDAY

HIKING: SCENIC HIKE ALPE DI SIUSI LEVEL: EASY

START from ICARO at 10.15 a.m.
MEETINGPOINT at 10.30 a.m.
Compatsch - ex Tourist Info

Our tour leads us along trail no.10 towards the Sattler alpine hut, where we can stop for lunch. The return route passes by the Tuene hut, Steger Dellai, and back to Compatsch.

Duration: 4.5 hours
Hut: Yes
Elevation gain: 400 m
Distance: 11 km
Return: around 3:00 p.m. in Compatsch; please call ICARO to arrange the return shuttle.

What to bring: hiking shoes, backpack, and drinks.

TUESDAY

HIKING: SUNRISE ON THE BULLACCIA BREAKFAST IN THE HUT LEVEL: EASY

Pick-up at the hotel by Alps Activ; the departure time will be communicated at 7:00 p.m. the evening before. The tour starts in Compatsch and after approx. 45 minutes we will reach the panoramic platform “Engelsrast”, where we can enjoy the sunrise and a unique view. Afterwards, breakfast in a mountain hut and return to Compatsch.

Duration: 2 hours
Elevation gain: 250 m
Hut: Yes
Distance: 3,5 km
Return: at 8-9 a.m. approx., please call ICARO to arrange the return shuttle.

Breakfast costs € 35 and must be paid in cash to the guide.

Charge applies if cancelled after 5:30 p.m.

WEDNESDAY

HIKING: DENTI DI TERRAROSSA LEVEL: HARD

DEPARTURE from ICARO at 8:45 a.m.
MEETING POINT at 9:00 a.m.
Compatsch (Compaccio) – ex Tourist Info point

Our tour starts at the mountain station of the Seiser Alm cable car along trail 10. We continue across gentle alpine terrain with an easy climb up to Goldknopf, then ascend to Rosszahnscharte. Stop for refreshments at Tierser Alp Hut. Route back to Compatsch via Molignon hut.

Duration: 7,5 hours
Elevation gain: 800 m
Hut: Yes
Distance: 17 km
Arrival: 4:30 pm in Compatsch, please call ICARO to arrange the return shuttle

What to bring: hiking shoes, backpack, and drinks.

THURSDAY

BIKING: BULLA - ALPE DI SIUSI LEVEL: MEDIUM

MEETINGPOINT at 9.30 a.m.
at Alps Active (at the valley station cable car Siusi-Alpe di Siusi)

We will reach Castelrotto and through lush pastures we will reach the woods of Pinei pass. Val Gardena side starts from here and we will start elading to the ladin village of Bulla. From here you will start enjoying a panoramic view then a narrow valley until reaching the widest plateau in Europe : Alpe di Siusi. We will have lunch enjoying the Sassopiatto e Sassolungo view.

Duration: 5 hours
Hut: Yes
Elevation gain: 1050 m
Distance: 30 km
Return: around 2:30 p.m.

What to bring: E-Bike, helmet, drinks, jacket, snack

FRIDAY

HIKING: PUFLATSCH LOOP TRAIL LEVEL: EASY

Start from ICARO at 10.15 a.m.
MEETINGPOIN: 10:30 at Compatsch- ex Tourist Info point

Puflatsch Mountain is located on Seiser Alm and offers a stunning panoramic view of the surrounding Dolomite peaks. As the Puflatsch Loop is a easy hike is suitable for beginners and families with children.

Duration: 4 hours
Hut: Yes
Elevation gain: 300 m
Distance: 8 km
Return: 2:30pm

What to bring: hiking shoes, backpack, and drinks.

BIKING: FIÈ LAKE - TUFF HUT LEVEL: MEDIUM

MEETINGPOINT at 11 a.m. at Alps Activ Siusi (at the valley station cable car Siusi-Alpe di Siusi)

Starting from Siusi, the route heads towards San Costantino and reaches the small Lake Völser Weiher. It then continues to the Huber Weiher, and after a gentle ascent, we reach the Tuff Alm hut and finally arrive at the Hofer Alpl hut. Break at one of the huts.

Duration: 4.5 hours
Hut: Yes
Elevation gain: 800 m
Distance: 26 km
Return: around 3:30 p.m.

What to bring: e-bike, helmet, drinks, jacket, snacks

Cable car ticket not included.

BIKING: ALPE DI SIUSI TOUR LEVEL: EASY

MEETINGPOINT at 10 a.m. at Alpin Center rental shop (at the mountain station cable car Siusi-Alpe di Siusi)

This tour offers a spectacular 360-degree panorama: the Santner Peak, the Sassopiatto, the Sassolungo, the Marmolada, the Sella Group, the Sciliar, and the Odle mountains. From the highest point near the Dialer chapel, the route continues to the Zallinger hut and then descends towards Saltria before returning to Compatsch via Col di Lupo.

Duration: 5 hours
Hut: Yes
Elevation gain: 750 m
Distance: 32 km
Return: around 3:00 p.m.

What to bring: e-bike, helmet, drinks, jacket, snack

BIKING: TIRES LEVEL: MEDIUM

MEETINGPOINT at 9:30 a.m. at Alps Activ Siusi (at the valley station cable car Siusi-Alpe di Siusi)

Starting from Siusi, then cycling uphill towards the Tschafonleger. Afterwards, downhill to the Schönblick restaurant where we can stop for a break. We pass Schnaggenkreuz and Ums back to Siusi. The views range from Schlern to the Hammerwand and the Tschafon all the way to the Rosengarten group.

Duration: 5.5 hours
Hut: Yes
Elevation gain: 900 m
Distance: 52 km
Return: approx. 3:00 pm

What to bring: e-bike, helmet, drinks, jacket, snack

Lift tickets not included.

BIKING: E-BIKE TOUR “TÖRGGELEN” LEVEL: HARD

MEETINGPOINT at 9.30 a.m. at Alps Activ Siusi (at the valley station cable car Siusi-Alpe di Siusi)

Set off to Kastelruth, a typical village. On our way we'll admire traditional farms with their barns then way down to Eisack Valley. We pass orchards and vineyards, until we reach St. Oswald where we enjoy a lunch break with typical South Tyrolean Törggelen. We continue our tour up to Aichach ruins, next to the stately Pflegerhof farm and head back to the starting point

Duration: 5,5 hours
Hut: Yes
Elevation gain: 1,000 m
Distance: 35 km
Return: approx. 3:00 pm

What to bring: E-bike, helmet, drinks, jacket, snack

Lift tickets not included

**Registration required
by 4:30 p.m.
on the day before**



HIKING



BIKING