

WEEKLY PROGRAM

MONDAY

HIKING:
SCENIC HIKE ALPE DI SIUSI
LEVEL: EASY

START from ICARO at 10.15 a.m.
MEETINGPOINT at 10.30 a.m.
Compatsch - ex Tourist Info

Our tour leads us along trail no.10 towards the Sattler alpine hut, where we can stop for lunch. The return route passes by the Tuene hut, Steger Dellai, and back to Compatsch.

Duration: 4.5 hours
Hut: Yes
Elevation gain: 400 m
Distance: 11 km
Return: around 3:00 p.m. in Compatsch; please call ICARO to arrange the return shuttle.

What to bring: hiking shoes, backpack, and drinks.

TUESDAY

HIKING:
SUNRISE ON THE BULLACCIA
BREAKFAST IN THE HUT
LEVEL: EASY

Pick-up at the hotel by Alps Activ; the departure time will be communicated at 7:00 p.m. the evening before. The tour starts in Compatsch and after approx. 45 minutes we will reach the panoramic platform “Engelsrast”, where we can enjoy the sunrise and a unique view. Afterwards, breakfast in a mountain hut and return to Compatsch.

Duration: 2 hours
Elevation gain: 250 m
Hut: Yes
Distance: 3,5 km
Return: at 8-9 a.m. approx., please call ICARO to arrange the return shuttle.

Breakfast costs €35 and must be paid in cash to the guide.

Charge applies even if cancelled after 5:30 p.m.

WEDNESDAY

HIKING:
SCILIAR - SYMBOL OF
SOUTH TYROL
LEVEL: HARD

START from ICARO at 8.30 a.m.
MEETINGPOINT at 8:45 a.m.
Compatsch - ex Tourist Info

From Compatsch, we head towards the Saltner hut to reach the Rifugio Bolzano at 2,457 m, following a very varied trail. Lunch. If conditions permit, it is possible to continue up to the summit of Monte Pez, the highest point, where a breathtaking 360-degree panorama can be enjoyed.

Duration: 8 hours
Hut: Yes
Elevation gain: 1,200 m
Distance: 22 km
Return: around 5:00 p.m. in Compatsch; please call ICARO to arrange the return shuttle.

What to bring: hiking shoes, backpack, and drinks.

THURSDAY

BIKING:
SELLARONDA
LEVEL: HARD
MEETINGPOINT at 8.30 a.m.
at Alpin Center rental shop
(at the mountain station
cable car Siusi-Alpe di Siusi)

Fighting spirit, endurance, and an e-bike are required. With the help of the lifts, we will cross some of the most famous Dolomite passes, such as Passo Gardena, Passo Campolongo, Passo Pordoi, and Passo Sella.

Duration: 8.5 hours
Hut: Yes
Lifts used: 8
Elevation gain: 3,540 m / actual: 1,360 m
Distance: 70 km
Return: around 5:00 p.m.

Day pass not included. Please note: the use of a full-suspension e-bike is recommended.

What to bring: E-Bike, helmet, drink, jacket, snack

FRIDAY

HIKE & BIKE:
ANTERMOIA'S LAKE
LEVEL: HARD
MEETINGPOINT at 8.30 a.m.
at Alpin Center
(at the mountain station
cable car Siusi-Alpe di Siusi)

For the first part of this tour, an e-bike is particularly suitable: it helps save energy for the ascent and reduces strain on the knees on the way back. Thanks to the e-bike, it is possible to reach remote places within a single day, such as Lake Antermoia and the mountain hut of the same name.

Duration: 7.5 hours
Hut: Yes
Elevation gain: 900 m (bike) + 600 m (hike)
Distance: 22 km (bike) + 8 km (hike)

Return: approx. : 4 p.m.

What to bring: hiking shoes, backpack, and drinks.

BIKING:
FIÈ LAKE - TUFF HUT
LEVEL: MEDIUM

MEETINGPOINT at 11 a.m. at Alps
Activ Siusi (at the valley station cable
car Siusi-Alpe di Siusi)

Starting from Siusi, the route heads towards San Costantino and reaches the small Lake Völser Weiher. It then continues to the Huber Weiher, and after a gentle ascent, we reach the Tuff Alm hut and finally arrive at the Hofer Alpl hut. Break at one of the huts.

Duration: 4.5 hours
Hut: Yes
Elevation gain: 800 m
Distance: 26 km
Return: around 3:30 p.m.

What to bring: e-bike, helmet, drinks, jacket, snacks

Cable car ticket not included.

BIKING:
ALPE DI SIUSI TOUR
LEVEL: EASY

MEETINGPOINT at 10 a.m. at
Alpin Center rental shop (at the
mountain station
cable car Siusi-Alpe di Siusi)

This tour offers a spectacular 360-degree panorama: the Santner Peak, the Sassopiatto, the Sassolungo, the Marmolada, the Sella Group, the Sciliar, and the Odle mountains. From the highest point near the Dialer chapel, the route continues to the Zallinger hut and then descends towards Saltria before returning to Compatsch via Col di Lupo.

Duration: 5 hours
Hut: Yes
Elevation gain: 750 m
Distance: 32 km
Return: around 3:00 p.m.

What to bring: e-bike, helmet, drinks, jacket, snack

BIKING:
SECEDA - VAL GARDENA
LEVEL: HARD

MEETINGPOINT at 9.30 a.m. at Alpin
Center rental shop (at the mountain
station cable car Siusi-Alpe di Siusi))

Destination Seceda, where you can admire the stunning Odle peaks. The route leads towards Monte Pana, then continue to Selva di Val Gardena, where the ascent to the Firenze Hut begins. From there, the tour proceeds across the meadows of Seceda, where we will stop for lunch. Afterwards, we continue to Ortisei, where we will take the cable car back up to the Alpe.

Duration: 5.5 hours
Hut: Yes
Elevation gain: 700 m
Distance: 38 km
Cable cars/lifts used: 2
Return: approx. 3:00 pm

What to bring: e-bike, helmet, drinks, jacket, snack

Lift tickets not included.

Registration required
by 4:30 p.m.
on the day before



HIKING



BIKING

MEETINGPOINT at 9.30 a.m. at Alps
Activ Siusi (at the valley station cable car
Siusi-Alpe di Siusi)

The route heads towards Castelrotto, continuing up to Passo Pinei. From here, Val Gardena begins, and along a gravel road you reach the small village of Bulla. From there, a beautiful road winds through a narrow valley and leads up to the Alpe di Siusi plateau, where we will have lunch with views of the Sassolungo and Sassopiatto. In the afternoon, we return to the valley, descending through the forests that lead to Siusi.

Duration: 5 hours
Refuge/Alpine hut: Yes
Elevation gain: 1,050 m
Distance: 30 km
Return: approx. 2:30 pm

What to bring: E-bike, helmet, drinks, jacket, snack